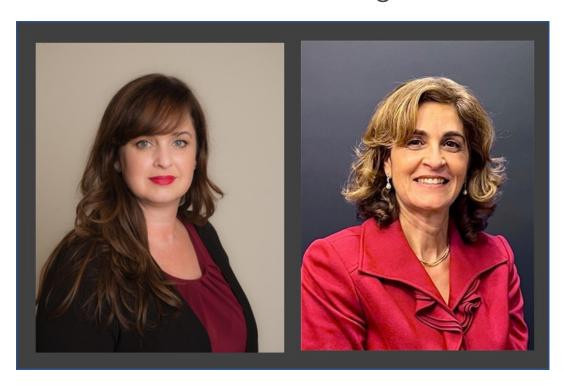


ADVOCACY, LEADERSHIP & INNOVATIVE SERVICES FOR OLDER ADULTS & CAREGIVERS

Two Leaders Expand their Roles Serving Older Adults and their Caregivers



Rachel Tate, MSW, Vice President, Ombudsman Services

Anat Louis, PsyD Vice President, In-Home Services

On July 1, <u>Rachel Tate, MSW</u> was named Vice President, Ombudsman Services and <u>Anat Louis, PsyD</u> became Vice President, In-Home Services. Both were promoted to their new roles, with Rachel most recently serving as Administrative Program Director of our Long-Term Care (LTC) Ombudsman Program and Anat as Director of Case Management.

"Both of these women bring a wealth of experience and talent to their respective roles," said Molly Davies, President and CEO, WISE & Healthy Aging. "Knowing the quality of service, integrity, and passion that they bring to their work, I look forward to their leadership in addressing the spectrum of needs our clients have."

In their new roles, Rachel will lead all aspects of our LTC Ombudsman in Los Angeles County - the largest in the state by population - with seven offices located throughout the county and City of Los Angeles covering more than 1,800 facilities and 76,000 beds in skilled nursing and residential care facilities.

Anat will oversee WISE & Healthy Aging's Care Management Services including peer counseling, to help coordinate care and services for seniors in their homes. Additionally, she will be assisting with outreach to community partners to promote agency services.

Please join us in congratulating Rachel and Anat!

Read More

WISE Connections Helping More Seniors Cross the Digital Divide



With two WISE Connections training cohorts now completed and another to start in August, 30 seniors are well along in their journey to cross the digital divide.

Gaila Corrie (pictured left), was one of them and took home a free Chrome Book after completing six required classes.

"I have always been intimidated by computers and the one I've been using is 10 years old. Now, I've still got a lot to learn, but I'm getting much more confident to use it," she said.

WISE Connections trainings take place at WISE & Healthy Aging locations in Santa Monica and Baldwin Hills. For more information and to determine if you qualify for a free laptop, please contact: 310-394-9871.

Learn More

WISE Adult Day Center Offers A Complimentary Day

Are you caring for your loved one and looking for a safe, enjoyable environment for them while you work, tend to other tasks or to take a much needed break? If so, we invite you to schedule a complimentary sample day for your loved one.



Our adult day programming offers a

variety of activities and is a trusted source for seniors at various stages of memory loss, dementia or Alzheimer's Disease. Our trained and caring multilingual staff provide services that are customized to the needs of each of our clients.

Offering Help and Support For Seniors to Declutter



Back by popular demand, our "Collecting to Decluttering" 15-week workshop series kicks off again this fall to help seniors gain control of their stuff!

A free orientation will be held on Wednesday, August 31, from 1:30 to 3:00 p.m., and is required for anyone considering participating. The workshops take place on Wednesdays from September 7 through December 15.

Learn More

Join Club WISE to Stay Active Physically, Mentally and Socially



Are you 50+ looking for activities that promote a healthy lifestyle, give you the opportunity to volunteer, or get involved in everything from creative arts to book groups and travel? If so, Club WISE is for you!

Our programs take place in person at both our Santa Monica and Baldwin

Hills locations where we offer a variety of exercise and social activities. Virtual courses are also available.

Membership is open to anyone age 50+ for a modest fee.



WISE & Healthy Aging, a non-profit, community-based social service organization, advances the dignity and quality of life of older adults through leadership, advocacy and high-quality, innovative services.

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