

WISE & Healthy Aging presents...

Shades of Ireland

with Optional 3-Night Edinburgh Post Tour Extension
with Optional 3-Night London Pre Tour Extension

April 26 – May 5, 2025



Book Now
& Save
\$200
Per Person

Upgrade to Elite Airfare! see inside for details

For more information contact
Grace Cheng Braun
(310) 394-9871, ext. 440
trips@wiseandhealthyaging.org



10 Days • 13 Meals: 8 Breakfasts, 5 Dinners

HIGHLIGHTS... Dublin, Irish Evening, Choice on Tour: Dublin City Bus or Walking Tour, Kilkenny, Waterford, Choice on Tour: Waterford Crystal Factory or Waterford Medieval Museum and Wine Vault, Blarney Castle, Killarney, Jaunting Car Ride, Ring of Kerry, Limerick, Cliffs of Moher, Sheepdog Demonstration, Galway, Castle Stay

ITINERARY AT A GLANCE

Day 1	Overnight Flight
Days 2, 3	Hotel Riu Plaza The Gresham Dublin, Dublin
Day 4	Granville Hotel, Waterford
Days 5, 6	Killarney Avenue, Killarney
Days 7, 8	The George Hotel Limerick, Limerick
Day 9	Cabra Castle, Kingscourt

On some dates alternate hotels may be used.

Day 1: Saturday, April 26, 2025 Overnight Flight

Anticipation mounts as you make your way toward the Emerald Isle and its many wonders. Rich history, rolling hills and warm smiles lie ahead in Dublin, Waterford, Killarney and Limerick. With tomorrow comes quintessential Ireland.

Day 2: Sunday, April 27, 2025 Dublin, Ireland - Tour Begins

Get a taste of old Dublin. Tonight, you and your fellow travelers revel in a traditional Irish evening, including regional cuisine. (D)

Day 3: Monday, April 28, 2025 Dublin

Today, **it's your choice!** Choose to ride with a local guide to see St. Patrick's Cathedral, O'Connell Street, the National Gallery, and the historic Phoenix Park **-OR-** choose a walking tour of the city's historic center, exploring St. Stephen's Green, Grafton Street, and the General Post Office. Either way, what follows is an afternoon to discover Dublin's charms on your own. Later, you may join an optional tour to the Guinness Storehouse, followed by dinner at a contemporary restaurant showcasing Irish cuisine. (B)

Day 4: Tuesday, April 29, 2025 Dublin - Kilkenny -

Waterford Step back in time and begin the day in the medieval splendor of 12th century Kilkenny on the River Nore. Then, in Waterford, embark on a leisurely paced walking tour of Ireland's oldest city. **It's your choice!** Tour the Waterford Crystal factory and learn how exquisite crystal has been made for centuries **-OR-** visit the Medieval Museum for a guided tour and a glass of wine in the 15th-century Mayor's Wine Vault. (B, D)

Day 5: Wednesday, April 30, 2025 Waterford - Blarney

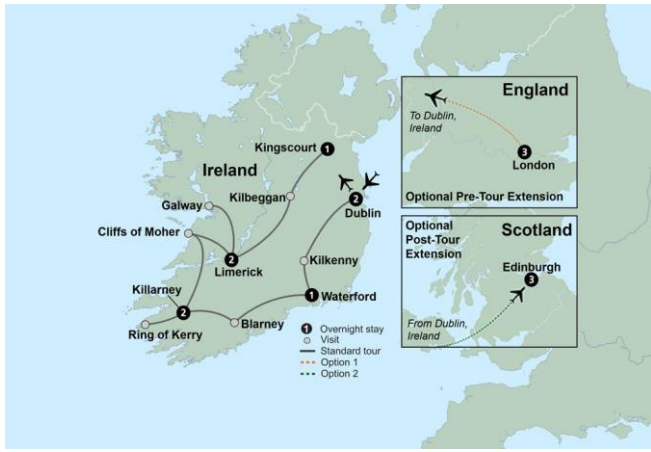
Stone - Killarney The legend goes that those who kiss the Blarney Stone gain the gift of eloquence – give it a try if you wish at historic Blarney Castle. Cross into County Kerry and continue on to charming Killarney. Enjoy a traditional jaunting car ride* through Killarney National Park before boarding a boat* and sailing through the breathtaking lakes in the company of an expert boatman. Tonight, **it's Diner's Choice...** choose your included dinner from a "menu" of Killarney's great restaurants. (B, D)

Day 6: Thursday, May 1, 2025 Killarney - Ring of Kerry -

Killarney Take in the rugged coastline as you loop your way around the picturesque Ring of Kerry, past pristine beaches, quaint villages and majestic landscapes. At the Gap of Dunloe, shop for local artisan-made crafts. The night is free for reminiscing about the day as you find your own authentic taste of Irish culture. (B)

Day 7: Friday, May 2, 2025 Killarney - Cliffs of Moher -

Limerick Today brings you to the dramatic, 700-foot-high Cliffs of Moher for cinematic views of the mighty Atlantic. Continue to Limerick, where a panoramic city tour showcases King John's Castle and the Treaty Stone. Delve into the fascinating history of the "city of the violated treaty." This evening you may join an optional medieval banquet dinner, hosted in a castle. (B)



Book Now
& Save
\$200
Per Person

Book Now & Save \$200 Per Person:

Double \$4,199	Double \$3,999*
Single \$4,699	Single \$4,499
Triple \$4,169	Triple \$3,969

For bookings made after Oct 27, 2024 call for rates.

Included in Price: Round Trip Air from Los Angeles Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers

Not included in price: Cancellation Waiver and Insurance of \$479 per person

* All Rates are Per Person and are subject to change, based on air inclusive package from LAX

Upgrade your in-flight experience with Elite Airfare

Additional rate of: Premium Economy \$1,290; Business Class \$3,990

* Elite Air pricing (Premium Economy, Business Class or First class) is valid until 8 months prior to departure, after which rates are subject to change and will be quoted based upon availability.

† Refer to the reservation form to choose your upgrade option

IMPORTANT CONDITIONS: Your price is guaranteed once deposit is received by Collette. Your price is not subject to increase after the deposit is received, except for charges resulting from increases in government-imposed taxes or fees. Once deposited, you have 7 days to send us written consumer consent or withdraw consent and receive a full refund. (See registration form for consent.)

Day 8: Saturday, May 3, 2025 Limerick - Galway -

Limerick Pass through the windswept, limestone landscape of the Burren, known for its stark beauty and Neolithic tombs. See border collies in action during a traditional sheepdog demonstration. Continue on to Galway for a brief tour that showcases “The City of Tribes.” Return to Limerick to relax over dinner. (B, D)

the old-world heritage of Ireland’s whiskey territory. Your journey brings you to Kilbeggan in the heart of Ireland, where a superb distillery brings whiskey craftsmanship to life and gives you a taste of the final product. Top your day off with an overnight stay on the stately grounds of Cabra Castle, where you toast the end of a memorable trip during an elegant dinner. (B, D)

Day 9: Sunday, May 4, 2025 Limerick - Kilbeggan -

Kingscourt You don’t have to be a connoisseur to appreciate

Day 10: Monday, May 5, 2025 Kingscourt - Tour Ends

Your journey ends in Kingscourt. (B)

Experience It! Ireland’s Countryside Castles

Few things evoke quintessential Ireland more than its splendid Castle Hotels. Whether surrounded by verdant green countryside, or situated with peeks of the sea, these historic masterpieces offer the ultimate in relaxation, breathtaking scenery, and old world sophistication blended seamlessly with modern amenities to provide an unparalleled overnight experience. Experience the best of world-renowned Irish Hospitality on your last night with an overnight stay on the grounds of one of these majestic castles, and toast farewell to Ireland during an elegant dinner there.

EXTEND YOUR VACATION WITH

Optional 5 Days 3-Night London Pre Tour Extension

Per Person Rates: \$999.00 USD double, \$1,199.00 USD single, land & air inclusive

Optional 4 Days 3-Night Edinburgh Post Tour Extension

Per Person Rates: \$1,099.00 USD double, \$1,599.00 USD single, land & air inclusive

For more information on extensions and options for this tour visit

<https://gateway.gocollette.com/link/1235048>

PLEASE NOTE:

Book Now rates valid until Oct 27, 2024, valid on air inclusive packages only.
IDENTIFICATION

Passports are required for this tour at your expense. Certain countries require that your passport be valid at least 6 months beyond the dates of your travel. You are strongly urged to contact the appropriate consulate for details. Visit www.travel.state.gov for the U.S. State Department for the latest details about passports and visa requirements.

IMPORTANT: We recommend that travelers take a photocopy of their passport and applicable visas. It should be packed separately from your actual passport and visa. We also recommend leaving a copy at home with your emergency contact.

Days of features are interchangeable.

Single accommodations are limited and are available on a first come, first served basis. Single rate subject to change based on availability.

*Jaunting car ride and/or boat cruise are included, weather permitting.

To complete your tour, we include roundtrip airport-to-hotel transfers when purchasing our airfare with your tour. If you have arranged for your own air, we are pleased to provide you the option of *purchasing* these transfers. Please note that all transfers will leave at pre-scheduled times.

The overall activity level of this tour is a level 2. This means you like a balanced approach to travel. Walking two to three miles over the course of a day is no problem for you. You can partake in a two-hour leisurely walking tour, covering up to two miles (with included breaks). You can handle a variety of terrains, from cobblestone streets to moderate hills with relative ease and without assistance. You can climb two flights of stairs with ease. There may be 1 to 2 days on this tour when walking tours can cover 3 to 4 miles over uneven terrain. Expect some full days balanced with free time to recharge or set out on your own adventure. You can handle altitudes up to 6,000 feet. While this level is appropriate for travelers that require mobility assistance devices, there could be times when you may have to sit out on some of the included activities.

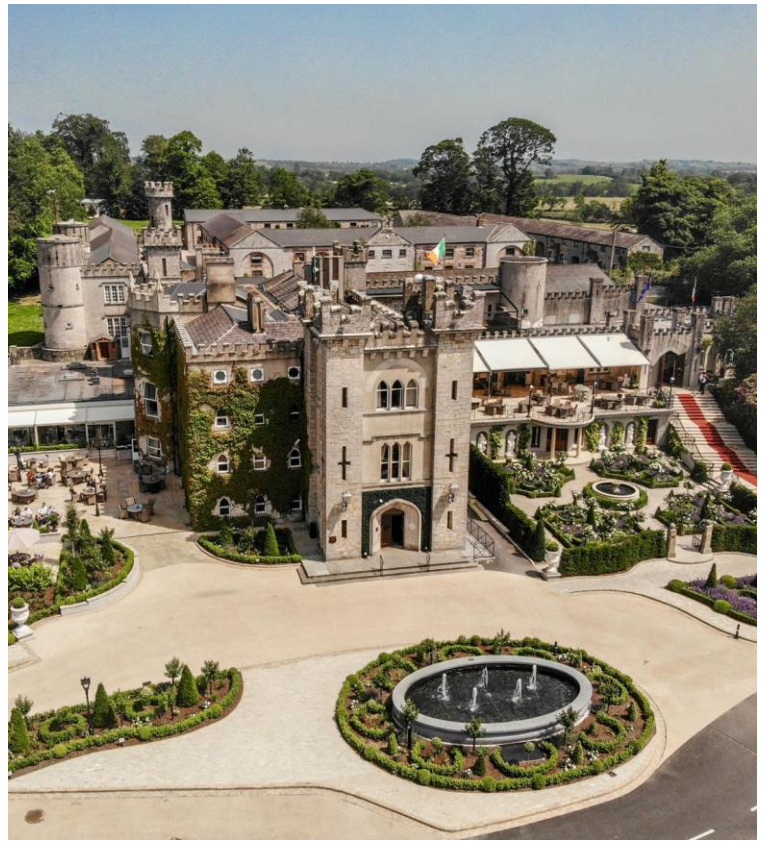
If you require any special assistance while on tour, please make us aware at time of reservation so the necessary request form can be sent to your attention.

Air passengers will arrive into and depart from Dublin airport. All transfers will arrive into and depart from Dublin airport.

Please be advised many airlines do not provide advance seat assignments until check-in at the airport. Advance seating will be subject to the airline's terms and conditions.

Due to flight schedules, you may require an early morning departure from your hotel.

For air-inclusive reservations, the name provided at time of booking must match your government-issued ID that will be used during travel. Name changes are subject to penalties.



Economy air rate and schedule are applicable for groups of 10 or more traveling on the same flights and dates.

A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of October 20, 2024 are based upon availability. Final payment due by February 25, 2025. Deposits are refundable up until October 27, 2024.

CST#2006766-20 UBN#601220855 Nevada Sellers of Travel Registration No. 2003-0279

For important reservation information visit
<https://gateway.gocollette.com/link/1235048>.
You can also find this information on your tour documents.

Extend your vacation with

Optional 5 Days 3-Night London Pre Tour Extension

Per Person Rates: \$999.00 USD double, \$1,199.00 USD single, land & air inclusive

3 Meals: 3 Breakfasts

Day 1: Overnight Flight

You're on your way to the United Kingdom. Begin in England and enjoy a 3-night stay in London.

Day 2: London, England - Extension Begins

Experience London, the esteemed capital of the United Kingdom. Often described as a world within a city, London is a sophisticated metropolis with a timeless style all its own.

Day 3: London

Navigate the city with a local expert. Using your included Oyster card, hop on the famous London Underground – the Tube. Take a walking tour around the famous Westminster area, where you will see Big Ben, the Houses of Parliament, Westminster Abbey and Buckingham Palace. Then stroll through Trafalgar Square independently, admiring its many monuments. Enjoy the rest of the day on your own to continue exploring the city. *Today breakfast will be included.*

Day 4: London

See London your way today! Be sure to take advantage of your included ticket to the Tower of London to peek into the city's storied past and uncover the secrets of this 11th-century fortress. *Today breakfast will be included.*

Day 5: London - Dublin, Ireland

Wish London goodbye as you fly* to Dublin. *Today breakfast will be included.*

Please Note:

This is a Hosted Extension, and as such, a dedicated Tour Manager will not be present during this extension. During this extension, you can expect to have a **hosted** experience or two, with a local representative revealing more of what this destination has to offer. Enjoy a mix of independent exploration and guided sightseeing and experiences.

London is predominantly cashless so please ensure you have a suitable bank card for transactions.

Single accommodations are limited and are available on a first come, first served basis. Single rate subject to change based on availability.

If you require any special assistance while on tour, please make us aware at time of reservation so the necessary request form can be sent to your attention.

We reserve the right to cancel this extension if a minimum of 4 passengers is not met to operate.

Extensions not purchased at time of deposit are subject to availability and applicable charges at time of request.

*The purchase of an additional air segment is required for this extension. Please inquire for air rate at time of booking.

For air-inclusive reservations, the name provided at time of booking must match your government-issued ID that will be used during travel.

Name changes are subject to penalties.

The overall activity level of this extension is a level 3. This means walking and standing for longer periods of time (2-3 hours) isn't a big deal for you. You can navigate hills and uneven ground, climb into various modes of transportation (tuk-tuk, cable car, zodiac, etc.), and could possibly anticipate changes in elevation. Walking four miles over the course of a day is very doable as is climbing 3 flights of stairs. You can handle altitudes between 6,000 and 9,000 feet. You can expect some longer days balanced with free time. This level is not a fit for travelers that require mobility assistance devices.

Extend your vacation with

Optional 4 Days 3-Night Edinburgh Post Tour Extension

Per Person Rates: \$1,099.00 USD double, \$1,599.00 USD single, land & air inclusive
4 Meals: 3 Breakfasts, 1 Dinner

Day 10: Kingscourt - Edinburgh, Scotland

Fly* to Edinburgh, the capital of Scotland and a city steeped in history. Here, you'll find charming pubs, quaint shops, and friendly faces all under the watchful gaze of Edinburgh Castle. Dig into Scottish cuisine with dinner at a local restaurant tonight. *Today dinner will be included.*

Day 11: Edinburgh

Delve into the heart of Edinburgh as you take a guided walking tour of the famous Royal Mile. Peruse the many shops, learn about the storied history of these streets, and make your way to the peak of the city – Edinburgh Castle. Inside the walls of Edinburgh Castle, you'll be able to see medieval armor and the Scottish Crown Jewels. The rest of the day is at leisure. *Today breakfast will be included.*

Day 12: Edinburgh

Today is yours to explore Edinburgh how you'd like. Take advantage of this day at leisure – maybe take a tour of Edinburgh's infamous vaults, or stop by The King's Edinburgh residence, the Palace of Holyroodhouse. *Today breakfast will be included.*

Day 13: Edinburgh - Extension Ends

Give a farewell pat to Greyfriars Bobby as you depart for home. *Today breakfast will be included.*

Please Note:

This is a Hosted Extension, and as such, a dedicated Tour Manager will not be present during this extension. During this extension, you can expect to have a **hosted** experience or two, with a local representative revealing more of what this destination has to offer. Enjoy a mix of independent exploration and guided sightseeing and experiences.

Single accommodations are limited and are available on a first come, first served basis. Single rate subject to change based on availability.

If you require any special assistance while on tour, please make us aware at time of reservation so the necessary request form can be sent to your attention.

We reserve the right to cancel this extension if a minimum of 4 passengers is not met to operate.

Extensions not purchased at time of deposit are subject to availability and applicable charges at time of request.

*The purchase of an additional air segment is required for this extension. Please inquire for air rate at time of booking.

For air-inclusive reservations, the name provided at time of booking must match your government-issued ID that will be used during travel. Name changes are subject to penalties.

The overall activity level of this extension is a level 2. This means you can partake in a two-hour walking tour covering up to 2 miles (including breaks), over a variety of terrains. You can climb two flights of stairs with ease and handle altitudes up to 6,000 feet. While this level is appropriate for travelers that require mobility assistance devices, there could be times when you may have to sit out on some of the included activities.



162 Middle Street
 Pawtucket, RI • 02860
 Phone: 1-800-852-5655 Fax: 1-401-727-9014

If paying by credit card, please complete this form and return to Wise & Healthy Aging. We can only charge your credit card for the amount noted if the signature, address and phone number are listed below. Thank you!

CREDIT CARD AUTHORIZATION FORM

BOOKING NUMBER: 1235048
 DEPARTURE DATE: April 26, 2025

TOUR: Shades of Ireland
 GROUP NAME: WISE & Healthy Aging

Name of Passenger:

Salutation: _____ First Name: _____ Middle Initial: _____ Last Name: _____ Suffix: _____
(Mr., Mrs., Rev.) (Please print as it appears on Passport) (Jr., Sr.)

Cardholder Name: _____
(Please print as it appears on your Credit Card)

Cardholder Address: _____
(as it appears on your credit card statement)

Cardholder Phone: _____

Credit Card Type: ___American Express ___Discover ___MasterCard ___Visa

Credit Card Number: _____

Expiration Date: _____ Amount to be charged: \$ _____

Cardholder's Signature: _____ Date: _____

I agree to pay according to the card issuer agreement. I understand and accept Collette cancellation policy, terms and conditions.

Participating credit card companies are now requiring a billing address and phone number for **FRAUD PREVENTION**. All information **MUST** be provided. Thank you for your cooperation!
 If using your credit card for payment, please return this Authorization Form by mail to:

Wise & Healthy Aging
 Attn: Grace Cheng Braun
 1527 4th Street, 2nd Floor
 Santa Monica, CA 90401

Above credit card information has been called in to Collette.



162 Middle Street
 Pawtucket, RI • 02860
 Phone: 1-800-852-5655 Fax: 1-401-727-9014

BOOKING NUMBER: 1235048
 DEPARTURE DATE: April 26, 2025

TOUR: Shades of Ireland
 GROUP NAME: WISE & Healthy Aging

Available Options

Personalize your tour by adding an optional activity below. Our recommended options have been carefully chosen to help enhance your individual experience. Complete the provided Prepaid Options Form to reserve your options.

Availability is limited and reservations are on a first come, first serve basis. Payment must be received no later than 15 days prior to departure. Prices are subject to change.

Children under the age of 18 **MUST** be accompanied by an adult.

Limerick



Shannon Heritage - Medieval Banquet

\$115 USD

In a beautiful land of rolling green fields, ancient battlefields and medieval fortresses once inhabited by generations of clansmen, you can conjure up a world filled with lords and ladies, knights and damsels as you experience a true medieval banquet hosted in a real castle! The 15th century magically comes to life the moment you enter the castle. Sip honey-rich mead and admire the ornate tapestries and royal furnishings before sitting down for a sumptuous four-course meal and some fine wine suitable for toasting the royal court. Spirits run high with delightful song and dance performances reminiscent of this unique period. *Duration: Approximately 4 hours.* Please note a minimum of 15 passengers is required. Transportation is included.

Dublin

Guinness Storehouse & Dinner

\$99 USD

This culinary and cultural adventure begins at the Guinness Storehouse, Ireland's top international visitor attraction. Explore the brewing process behind this beloved beverage and learn how to pour the perfect pint. At its spectacular Gravity Bar, enjoy a sweeping 360° view of Dublin as you savor a complimentary pint. Then, indulge in a quintessential Irish dinner at a contemporary restaurant that explores "New Irish Cuisine," serving up cutting-edge dishes using the freshest, local ingredients. This option will not be offered on St. Patrick's Day or Easter Sunday. Children under the age of 18 **MUST** be accompanied by an adult and may not participate in the tasting at the Guinness Storehouse. *Duration: Approximately 5 hours.* Please note a minimum of 15 passengers is required. Transportation is included.

PASSENGERS NAME: (Please submit a separate form for each passenger)

Salutation: _____ First: _____ Middle: _____ Last: _____ Suffix: _____ Nickname: _____
(Mr., Mrs., Rev.) (Please print EXACTLY as it appears on Passport) (Jr., Sr.)

✓	Option	Price Per Person (USD)
	Shannon Heritage - Medieval Banquet	115.00
	Guinness Storehouse & Dinner <i>This option will not be offered on St. Patrick's Day or Easter Sunday. Children under the age of 18 MUST be accompanied by an adult and may not participate in the tasting at the Guinness Storehouse.</i>	99.00

Please make checks payable to Collette and send to:

Wise & Healthy Aging
 Attn: Grace Cheng Braun
 1527 4th Street, 2nd Floor
 Santa Monica, CA 90401



TRAVEL DATE: 4/26/2025 TERRITORY: W3
RES#: 1235048

Shades of Ireland

For Reservations Contact: Grace Cheng Braun (310) 394-9871, ext. 440 email: trips@wiseandhealthyaging.org

Wise & Healthy Aging, 1527 4th Street, 2nd Floor, Santa Monica, CA 90401

A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the deposit due date of October 20, 2024 are based upon availability. Final payment due by February 25, 2025. Deposits are refundable up until October 27, 2024.

YOUR INFORMATION:

Clearly print your full name (first/middle/last) **as it appears on your government issued travel documentation.**

IMPORTANT: In order to avoid any unnecessary change fees, it is imperative that all guest names are entered correctly from the start. The information below must be the legal name and be 100% identical to the ID being used to travel <passport/driver's license> including middle names or suffixes <Jr, Sr>.

First: _____ Middle: _____ Last: _____ Suffix: _____

Nickname: _____ Gender: () Male () Female Date of Birth: month _____ day _____ year _____

Address: _____ City: _____ State: _____ Zip Code: _____

Phone: () _____ Cell: () _____ Email Address: _____

Passport Number: _____ Expiration Date: (month/day/year) _____ Date of Issuance: (month/day/year) _____

City, State, Country of Issuance: _____ Citizenship: _____

Should you become ill or injured, whom should we contact (not traveling with you): _____ Phone: () _____

ROOMING WITH: Check if address is the same as Passenger #1 SINGLE SUPPLEMENT (\$500)

First: _____ Middle: _____ Last: _____ Suffix: _____

AIR GATEWAY: Departure airport for this tour: _____

Air Seat Request: () Aisle () Window () Next To Traveling Companion

Collette cannot guarantee your seat preference. If you have not purchased air through Collette and wish to purchase transfers, you must transfer at our pre-scheduled times. Please be advised, when travelling as part of a group, many airlines do not provide seat assignments. Preferred seating may be available for an additional charge.

Please reserve an upgrade to Elite Airfare for an additional rate of: Premium Economy \$1,290 Business Class \$3,990

Service is limited and not available on all flights or carriers. Other restrictions may apply. Please note: if you purchase an upgrade, we cannot guarantee the same flight schedule as the group. Upgraded class of service is for the international portion of the journey only.

Elite Air pricing (Premium Economy, Business Class, or First Class) is valid until 8 months prior to departure, after which rates are subject to change and will be quoted based upon availability.

Are you willing to separate from the group air schedule to accommodate your upgrade request? () Yes () No

"Federal law forbids carriage of hazardous materials such as aerosols, fireworks, lithium batteries & flammable liquids aboard the aircraft in your checked or carry-on baggage. A violation can result in 5 years' imprisonment and penalties of \$250,000 or more. Details on prohibited items may be found on TSA's "prohibited items" web page: <http://www.tsa.gov/traveler-information/prohibited-items>."

TRAVEL PROTECTION: () Yes, I wish to purchase travel protection \$479 () No, I decline

If you choose not to purchase Collette's Waiver Insurance Plan, you will incur penalties for changes and cancellations. Travel Protection Payment is due with first deposit. The Waiver Fee does not cover any single supplement charges which arise from an individual's traveling companion electing to cancel for any reason prior to departure. The single supplement will be deducted from the refund of the person who cancels. (There is coverage under Part B which includes a single supplement benefit of \$1,500 for certain covered reasons. See Part B for details.)

EXTENSION: I wish to purchase "3-Night Edinburgh" () Yes () No; "3-Night London" () Yes () No

ON TOUR ACTIVITIES: Please choose one of the following on tour activities

Please Choose One:

- () House of Waterford Crystal
- () Waterford Medieval Museum and Wine Vault

Please Choose One:

- () Dublin City tour by bus
- () Dublin City walking tour

PLEASE MAKE CHECKS PAYABLE TO: Collette () Check () Credit Card

Waiver/Insurance Amount: \$ _____ Deposit Amount: \$ _____ Total amount enclosed: \$ _____

Cardholder Name (if paying by Credit Card): _____

Cardholder Billing Address: Check if address is the same as above _____

Cardholder Phone: _____ Amount: \$ _____

Credit Card Number: _____ Expiration Date: _____
M M Y Y

SIGNATURE REQUIRED for acceptance of the below conditions and agreement to credit card use:

Date: _____

I agree to pay according to the card issuer agreement. I understand and accept the cancellation policy, terms and conditions. See <http://www.gocollette.com/about-collette/terms-and-conditions> for full terms and conditions of your purchase.

Important Conditions: Your price is guaranteed once deposit is received by Collette. Your price is not subject to increase after the deposit is received, except for charges resulting from increases in government-imposed taxes or fees.