

Wise & Healthy Aging presents A Culinary Journey Through Tuscany Including Seven Nights in The Chianti Region



BOOKING

DISCOUNT!

Save \$100 Per Person

\$200 Per Couple*





9 DAYS

September 24, 2024

NO RISK DEPOSIT NO CHANGE FEES

Book Now and your Deposit is Risk Free with No Change Fees until Final Payment Due Date! See back for details**



Booking #172642

TOUR RATES:

Regular Rate:

Booking Discount*: \$4375 pp double \$4475 pp double

Single Supplement: +\$700

*See Reservation Info for Booking Discount details







A Culinary Journey Through Tuscany

DAY 1: DEPART USA (Tues. Sep. 24, 2024) Board your overnight flight to Europe.

DAY 2: ARRIVAL FLORENCE - CHIANTI (Wed. Sep. 25)

Arrive in Florence, meet your Tour Director and transfer to your hotel in Chianti for a seven night stay. The Chianti Region is filled with wonderful vineyards and charming hill top towns. This evening enjoy a Welcome Dinner of Tuscan favorites and locally produced wine with your fellow travelers. Overnight: Chianti 🗙 (D)

DAY 3: FLORENCE SIGHTSEEING &

TUSCAN ESTATE DINNER (Thur. Sep. 26) Today enjoy a Florence City Tour featuring a visit to the Academy Gallery to see Michelangelo's original Statue of David, a truly awesome sight. Then view the Cathedral to see Giotto's Bell Tower and Baptistry with its impressive 'Gates of Paradise'. These buildings demonstrate the traditions of Florentine art and architecture from the Middle Ages to the Renaissance. Also see the open-air museum of Piazza Della Signoria & Santa Croce, which houses the tombs of Michelangelo and Galileo. Later this afternoon travel to a lovely Tuscan Estate, where you will be greeted with a welcome drink. Then enjoy a Truffle Demonstration with access to a protected area on the property followed by delicious tastings of oil and truffle butter bruschetta,

salami, pecorino, and wines from the estate. Next, a wonderful dinner before returning to your hotel in Chianti for the night. 🗶 (B,D) Overnight: Chianti

DAY 4: ORGANIC COOKING CLASS -

WINERY TOUR & TASTING (Fri. Sep. 27) Today enjoy an Organic Cooking & Pasta Making Class and lunch in San Gimignano. You will be greeted with a welcome drink to enjoy while the chef discusses the class and food to be made and his recipes. The restaurant staff will assist you with putting on your aprons and chef hats and let the cooking fun begin! At the end of the cooking class you will get to eat and enjoy what you have prepared for lunch. Later this afternoon visit a local winery for Winery Tour & Tasting experience. Sample organically farmed extra virgin olive oil, vinegar and Chianti Classico Wine. Dinner is included this evening. (B,L,D)

Overnight: Chianti

DAY 5: TUSCAN HILLS & MONTALCINO (Sat. Sep. 28)

Travel to the incredibly picturesque Val d'Orcia Region filled with ancient villages, gorgeous farmhouses, isolated homesteads, roads lined with cypress trees, fabulous vineyards and olive groves. Enjoy spectacular Tuscan hills views enroute to visit a local cheese producer for a delicious typical Pecorino Cheese tasting. Continue to a

traditional farmhouse in Montalcino, where you will enjoy a multi sensory experience of music and wine! Four wines will be matched with music tracks selected by a local Sommelier. Later, just outside Siena, we will visit a local Tuscan farmhouse with an opportunity to meet the owner and enjoy dinner featuring typical Tuscany dishes paired with their local wines. Overnight: Chianti (B,D)

DAY 6: SIENA & SAN GIMIGNANO (Sun. Sep. 29)

This morning travel to Siena, the heart of Tuscany. Enjoy a Siena Walking Tour as you stroll the medieval streets to the dramatic Campo, scene of the annual Palio horse race. Also see the town's famous black and white striped cathedral and enjoy some time at leisure. Enjoy lunch at a family-run farmhouse that specializes in saffron production outside Siena. Later we travel to San Gimignano, the epitome of a Tuscan hill town, where nobles built more splendid towers to outdo one another and indulge in their need for status. The medieval structures of this city have largely remained intact and San Gimignano, with its large number of art treasures, is truly considered an open-air museum. Next enjoy a delicious gelato ice cream in one of the oldest gelaterias in Italy which is famous world-wide for unique flavors. Taste the saffron & pine nuts flavored gelato, a registered trademark. Dinner is included this evening. Overnight: Chianti (B,L,D)







DAY 7: DAY AT LEISURE IN CHIANTI OR OPTIONAL EXCURSION (Mon Sep. 30) Today is at your leisure to relax at the hotel or explore on your own. An optional tour will be available today.

(B) Overnight: Chianti

DAY 8: LAKE TRASIMENO BOAT EXCURSION & LUNCH ON ISLAND MAGGIORE (Tues. Oct. 1)

Begin your morning with a hearty breakfast and journey to Lake Trasimeno located in the Umbria Region of Tuscany. The heart-shaped Lake Trasimeno is surrounded by rolling hills, olive groves, woods of oak and cypress trees, vineyards and sunflower fields that frame castletopped medieval towns and villages. Free time to explore and walk around the medieval town of Tuoro, considered one of the most beautiful villages in Italy. Next enjoy a Boat Cruise to the Island Maggiore, where we will have lunch at a traditional restaurant located on the lake. Tonight a special Farewell Dinner is planned.



🗙 (B)

Overnight: Chianti

DAY 9: CHIANTI - FLORENCE - HOME (Wed. Oct. 2)

Today transfer to Florence for your flight home with wonderful memories of Tuscany.

TOUR ACTIVITY LEVELEasy 1234Active



TRAVEL AND SAVE!

The Premier Compass Club rewards our valued guests with special recognition and a Compass Club Loyalty Credit on future tours and cruises.

Guests that have completed a trip will automatically be enrolled and will receive an additional \$100 per person or \$200 per couple Compass Club Loyalty Credit applied to their next Premier World Discovery tour or River Cruise. Loyalty Credit is valid for 24 months from your last tour.

> For more details and information visit: premierworlddiscovery.com

TOUR HIGHLIGHTS

- > 7 Night Stay at One Hotel in Chianti
- ▶ Truffle Demonstration & Tasting at a Tuscan Estate
- Florence Walking Tour
- Academy Gallery & the Statue of David
- Pasta Making Cooking Class
- Winery Tour & Tasting
- Pecorino Cheese Tasting
- Music & Wine Experience with a local Sommelier at a Farmhouse in Montalcino
- Sienna Walking Tour
- Dinner at Tuscan Farmhouse & Winery
- San Gimignano
- Gelato Tasting
- Lunch at a local Farmhouse famous for Saffron
- Lake Trasimeno Boat Excursion
- ▶ Island Maggiore with Lunch & Wine
- Full Day at Leisure to Relax or Explore on Your Own

INCLUSIONS

- Roundtrip Airfare- LAX
- ▶ 7 Nights First Class Hotel
- ▶ 16 Meals: 7 Breakfasts, 3 Lunches & 6 Dinners
- Professional Tour Director
- Motorcoach Transportation
- Admissions per Itinerary
- Comprehensive Sightseeing
- Baggage Handling at the Hotel
- Hotel Transfers

ACCOMMODATIONS

 7 Nights - CDH Hotel Radda, Borgo Di Coretefreda or Tavarnelle Di Pesa, Chianti

On some dates alternative hotels may be used



TOUR RATES:Booking Discount*:\$4375 pp doubleRegular Rate:\$4475 pp doubleSingle Supplement: +\$700

*See Reservation Info for Booking Discount details

RESERVATION FORM (INTL) A CULINARY JOURNEY THROUGH TUSCANY September 24, 2024 BOOKING #172642	Contact Information/Mail Reservation Form to: Wise & Healthy Aging • Attn: Grace Cheng Braun 1527 4th Street, 2nd Floor Santa Monica, CA 90401 (310) 394-9871, ext. 440 Email: trips@wiseandhealthyaging.org	DEPOSIT & FINAL PAYMENT Deposit of \$600 per person is due with Reservation Form to secure reservations Reservations are taken on a first come, first served basis. Final Payment Due Date is 75 days prior to departure. *BOOKING DISCOUNT Make your Final Payment by check prior to the Final Payment Due Date & receive \$200 per couple/\$100 per person Booking Discount! •Initial Deposit can be made by check or credit card to be eligible.
	ble to: Wise & Healthy Aging	 Payments after Initial Deposit are considered part of Final Payment & must be made by check.
Enclosed please find a deposit in the amount of \$		PREMIER'S TRAVEL PROTECTION PLAN (TPP) \$399 per person (must purchase with Initial Deposit) Part A - Cancellation Waiver provided by PWD I. Trip Cancellation Waiver (TCW) - Guarantees full refund on all payments except the Trip Cancellation Waiver Fee itself in case of cancellation up to the time and date of departure due to the passenger's personal illness or death of an immediate family member. Medical/official documentation required.
(IPP must be purchased with initial deposit) No, I (we) decline travel protection (TPP) Enclosed please find payment in the amount of \$(\$399 per person) to secure the Premier's Travel Protection Plan (TPP).		II. Premier "Any Reason" Cancellation Waiver (ARCW) - Reimburses 75% of the cancellation fees in the form of a future travel credit certificate (FTCC) valid for 1 year, if you cancel more than 48 hours prior to scheduled depar- ture for any reason not eligible for cash refund under the TCW (Part A – I.). FTCC is non-transferable, may not be redeemed for cash and does not in- clude any credit for the Trip Cancellation Waiver Fee. The Trip Cancellation
		Waiver Fee must be paid for with Initial Deposit and is refundable until 180 days prior to departure. The Trip Cancellation Waiver does not cover any sin
	 ROOMMATE'S GATEWAY AIRPORT port/departure city, additional charges apply for other airport packages	gle supplement charges due to an individual's traveling companion cancel- ing prior to departure. The Trip Cancellation Waiver is non-transferable and valid for each applicant only. The Trip Cancellation Waiver does not cover any services such as airline tickets not purchased through PWD. Cancellations, Refunds & Inquiries under Part A will be handled by PWD. Certain Exclusions
To avoid change fees, submit Passport names (first/mid/last) exactly as they appear on Passports		and Restrictions apply. Part B – Post Departure Travel Protection Plan* provided by USI
Passport Name:		UVEIAGE (JOU, LINES VIEULAI EXPENSE - EXCESS COVEIAGE (JOU, UVU), LINEI-
DOB (MM/DD/YY) Gender M		gency Evacuation/Repatriation (\$150,000); Accidental Death & Dismember- ment (\$25,000); Non-Insurance and Emergency Travel Assistance Services** (24/7). Claims & Inquiries under Part B will be administered by USI.
Passport #: Exp Date (MM/DD/YY)		For full Part A and Part B plan details visit: premierworlddiscovery.com/TPP All Benefits described on this page are for general information basis only There are certain restrictions. exclusions and limitation that apply to all in-
Country of Issuance		
Street Address	Check if Roommate's address is the same	surance coverages. Plan benéfits, limits and provisions may varý by state jurisdiction.
	State ZIP	**NO RISK DEPOSIT - NO CHANGE FEES
Email address State 211		of 180 days you can use the full value (Future Travel Credit**) of your Deposit
		prior to the Final Payment Due Date. **FTC's are valid for 12 mos from dep date & non-transferable.
		CANCELLATION FEES** Cancellations not covered by the Travel Protection Plan (TPP) or if the TPP is not
Emergency Contact Name/Tel# Notes or TSA/KTN #(s):		 nurchased are subject to the following per person fees:
Notes of TSA/KTN #(s):		- Cancel more than 180 days prior to departure: - Cancel 179-75 days prior to departure: - Cancel 74-60 days prior to departure: - Cancel 59-30 days prior to departure: - Cancel 59-30 days prior to departure: - Cancel 50-30 days prior 50-30 days prior 50-30 days - Cancel 50-30 days - Cancel 50-30
Roommate's Passport Name:		- Cancel 29-50 days prior to departure: 75% of total price - Cancel 14 days or less prior to departure/no shows: No refunds */If purchased **Future Travel Credit issued for Deposit or TPP* value
DOB (MM/DD/YY) Gender M		DECDONCIDII ITV
Roommate's Passport #: Exp Date (MM/DD/YY) Country of Issuance		 Premier World Tours LLC dba Premier World Discovery (hereafter PWD),
country of issuance		themselves tree of responsibility for any damages occasioned from any cause
		whatsoever. PWD will not be responsible for any damages or inconvenience caused by late arrivals, departures and change of schedule or other conditions nor will they be responsible for any act, omission, or event during the time the passenger is not on board their conveyance. The passage contract in use by the airline concerned, when issued, shall constitute the sole contract between the airline and the purchaser of this tour/cruise, and/or passenger
	card)	 PWD does not hold any responsibility for the conduct of any of its members, hotel, motorcoach, cruiseline, train, airline or other personnel. PWD reserves
Credit Card #	Exp Date:	the right to decline to accept or retain any person as a member of a tour/cruise at its discretion. PWD &/or its Tour Director retain the right to require any participant to withdraw from a tour/cruise at any time, if determined to be in
CVV# Amc	ount to be charged \$	participant to withdraw from a tour/cruise at any time, if determined to be in the best interests of health, safety & general welfare of the tour/cruise group or of the individual participant. Arbitration - I/We agree any and all disputes
-	heck if address is the same as above	The best interests of health, safety & general welfare of the tour/cruise group or of the individual participant. Arbitration- I/We agree, any and all disputes concerning this contract or any other material concerning the trip, or the trip itself must be resolved exclusively pursuant to binding arbitration in the state of California, pursuant to the then current rules of the American Arbitration Association. Payment of the deposit for this tour/cruise constitutes acceptance
Address	City	_ of these terms and conditions. CST #2048841-40
	ZIPTel#	dates. All names must be submitted to Premier exactly as they appear or passenger passports.
-	Date	Itinerary and hotels are subject to change. AIR NOTE Air Schedules may not be available until Final Trip Desymptotics is received.
I (We) agree to pay according to t	RED (for credit card use & acceptance of terms) the credit card issuer agreement. I understand and accept the ation fees/policy and other terms.	 AIR NOTE Air Schedules may not be available until Final Trip Documentation is received. Air seats are assigned by the airline and sometimes not assigned until the day of travel. Air seat changes can only be attempted upon receipt of e-tickets and Final Trip Documentation at which time availability may be limited. If specific seat assignments or airline choice is extremely important to your reservation, we recommend you book land only and make your own air reservations. Please make this adjustment to land only/own air at time of tour reservation.





