



PEER COUNSELING

## MEN'S GROUP

A Space for Men to Share and Learn



### In-person Men's Group Meets every other week on Thursdays

Are you questioning what it takes to live a purposeful life? Would you like to have a safe place to unwind and explore your hopes, dreams and maybe even your fears? Come share and hear from others going through similar life experiences to help you navigate the next stages of life beyond work.

Call to reserve your place  
**(310) 394-9871, ext. 289**

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[wiseandhealthyaging.org](http://wiseandhealthyaging.org)

