

# WISE & Healthy Aging presents Yosemite, Lake Tahoe & The Eastern Sierra

Featuring Yosemite National Park's Tioga Pass  
& Tuolumne Meadows, Alabama Hills, Mono Lake

**August 6 - 10, 2017 (5 days)**



## Tour Highlights

- Guided sightseeing in the **Yosemite National Park**, serene **Tuolumne Meadows** and the **Yosemite Valley**
- Stay at Yosemite-area lodge. Private balcony overlooking the the majestic **Merced River**
- 2-night stay in a South Lake Tahoe all-suites hotel
- Narrated lunch cruise of **Emerald Bay** and guided driving tour around the north side of **Lake Tahoe**
- Travel scenic **Highway 395**. Views of the **Eastern Sierra**, glacier-formed **June Lake Loop**, **Mono Lake**, the **Museum of Lone Pine Film History** and the **Alabama Hills**

## Inclusions

- 4 Nights Deluxe Accommodations
- 8 Meals (4 Breakfasts, 3 Lunches and 1 Dinner)
- Sightseeing and services of a professional tour director and geographer guide
- Admissions per Itinerary
- Deluxe Motorcoach Transportation
- Baggage Handling

## Tour Rates

**\$989** per person double  
**\$310** single supplement

### Day 1 ~ Lone Pine and Alabama Hills

We travel by motorcoach along scenic Highway 395. As we travel by beneath the towering Sierra Nevada, we'll pass such quaint and old west towns as Big Pine, Lone Pine and Independence as well as Mount Whitney, the tallest mountain in the continental United States. In Lone Pine, visit the Museum of Lone Pine Film History, dedicated to the glory days of the western movie. We continue to the Alabama Hills to see some of the sights where these movies were filmed. Although very different in texture from the Sierra Nevada, all of the rocks in this region were shaped by the same cataclysmic uplifting 100 million years ago. Tom Mix, Hopalong Cassidy, Gene Autry, and the Lone Ranger, all had 'shoot-outs' in these hills. Some recent movies filmed here include Star Trek, Gladiator and Iron Man. Later this afternoon we arrive in Mammoth Lakes with an included welcome dinner. (Dinner)

### Day 2 ~ June Lake Loop and Mono Lake

Following an included breakfast, we continue our journey towards Lake Tahoe with memorable sightseeing enroute. Travel the June Lake Loop, a majestic stretch of road surrounding beautiful glacier-formed lakes. Visit Mono Lake, estimated to be more than one million years old. This oasis in the dry Great Basin is a vital habitat for millions of migratory birds. At the Mono Lake Visitors Center, we'll discover the mystery behind the lake's strange tufa towers – odd looking spires and knobs formed of calcium carbonate that were exposed as the level of the water dropped. See the towers up close as we make our way down to the shoreline to enjoy an included picnic lunch. This afternoon, we arrive in South Lake Tahoe for a two-night stay. Our all-suites hotel is located in the heart of Lake Tahoe's south shore. (Breakfast, Lunch)

### Day 3 ~ Lake Tahoe

Following an included breakfast at the hotel, we will venture onto the lake for a memorable lunch cruise with non-stop photo opportunities. Located at 6,200 feet above sea level, Lake Tahoe is the highest lake of its size in the U.S. and the largest alpine lake in North America. In Emerald Bay, we'll gaze upon Fannente Island (nicknamed "little rock island") and Vikingsholm Castle, the stone mansion on its shores. This afternoon, we continue around the east and north side of the Lake making sightseeing stops enroute. (Breakfast, Lunch)

### Day 4 ~ Tioga Pass and Yosemite Valley

Following an included breakfast, we travel south via the Tioga Pass over the Sierra Nevada and to the eastern entrance of Yosemite National Park. The Tioga Pass is the highest highway pass in California (elev. 9,943 ft.) and in the Sierra Nevada. Set aside as a national park in 1890, Yosemite embraces a spectacular tract of mountain-and-valley scenery in the Sierra Nevada. Witness the beauty of Tuolumne Meadows, the largest subalpine meadow in the Sierra Nevada, as we travel into the park with our geographer-guide to see many of its most spectacular sights including Half Dome, El Capitan and Yosemite Falls. We'll enjoy an included picnic lunch in the park along our journey. Later in the day, we travel out of the park and arrive at a unique hotel located on the banks of the Merced River. Step out of your room and onto your balcony overlooking the river. (Breakfast, Lunch)

### Day 5 ~ Journey Home

Following an included breakfast we'll make our way home via the Central Valley with additional surprise sightseeing stops along the way, returning in the evening. (Breakfast)

# Yosemite, Lake Tahoe & The Eastern Sierra (5-Day Trip)

**Sunday, August 6, 2017**

**\$989/traveler – double**

\*If paid by check or money order (\$1,004 by credit card)

**Mail reservation form to:**  
WISE & Healthy Aging  
1527 4<sup>th</sup> Street, 2<sup>nd</sup> Floor  
Santa Monica, CA 90401  
Attention: Grace Cheng Braun

**Please make check payable to:**  
**WISE & Healthy Aging**

Phone: (310) 394-9871, ext. 440 Fax: (310) 394-7152  
Email: [trips@wiseandhealthyaging.org](mailto:trips@wiseandhealthyaging.org)

**Please find a deposit (\$150/traveler) in the amount of \$\_\_\_\_\_ to secure reservations for \_\_\_\_\_ (number) person(s). Full payment is due Friday, May 26, 2017.**

I wish to purchase the single supplement.  No  Yes (**\$310 additional if paid by check; \$325 if paid by credit card**)

If Credit Card, check one:  VISA  MC  AMEX  Discover

Credit Card #: \_\_\_\_\_ Exp. Date: (Mon/Year): \_\_\_\_\_ Security Digits: \_\_\_\_\_

Amount to be charged: \$ \_\_\_\_\_ Signature: \_\_\_\_\_ Today's Date: \_\_\_\_\_

(Form can be securely faxed to (310) 394-7152)

**> > > Please PRINT full name(s) exactly as it appears on photo ID card < < <**

Last Name: \_\_\_\_\_ First: \_\_\_\_\_ Middle: \_\_\_\_\_ Sex:  M  F Date of Birth: (m/d/yr) \_\_\_\_\_

Roommate's Last Name: \_\_\_\_\_ First: \_\_\_\_\_ Middle: \_\_\_\_\_ Sex:  M  F DOB (m/d/r) \_\_\_\_\_

Your Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_ Cell: ( ) \_\_\_\_\_

Email: \_\_\_\_\_

In Emergency, Name: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_ Relationship: \_\_\_\_\_

For those without travel insurance, a refund, minus a \$50 processing fee, is available ONLY if the spot can be sold to another traveler.

**NOTE:** Travel protection/cancellation insurance is highly recommended for all multi-day tours. If travel protection has not been purchased, only recoverable funds less a cancellation charge of \$50 will be reimbursed once payment has been made. Travel protection insurance is available for this trip from a third-party insurance company. You will need to purchase it directly from the third-party company, BerkelyCare (CA Insurance License #0795465). There are two options available: the Basic Plan and the Enhanced Plan. The Basic Plan includes a pre-existing condition exclusion in the policy. The Enhanced Plan waives the pre-existing condition exclusion in the policy (exclusion does not apply) if the coverage is purchased for the full cost of the trip within 14 days of initial Trip payment. Contact Grace Cheng Braun at WISE & Healthy Aging for more information as to how to apply for travel protection.