

WISE & Healthy Aging presents
Washington DC Blossoms

Featuring a Single-Hotel Stay, Cherry Blossoms, Mt. Vernon,
Smithsonian Museums, Local Guides

April 5, 2018 (6 days)



Tour Pace: Moderate
Tour Activity: High



Tour Highlights

- 5 nights in Wash., DC when cherry blossoms usually bloom
- See the White House, Embassy Row, Arlington National Cemetery, and all the memorials - Lincoln, Vietnam, FDR, Jefferson, MLK, Korean War, WWII, Pentagon 9/11, Iwo Jima and more
- Tour the U.S. Capitol, Supreme Court, Library of Congress, Ford's Theatre, Peterson House, the Washington National Cathedral, Bureau of Engraving & Printing, National Archives and the Kennedy Center for the Performing Arts
- Tour Mt. Vernon, George Washington's home and estate
- Tour Old Town Alexandria
- Two afternoons at leisure



Inclusions

- Deluxe Hotel Accommodations
- 9 Meals (5 Breakfasts & 4 Dinners)
- Professional tour director services
- Comprehensive sightseeing with local guides using our audio headset system
- Admissions per Itinerary
- Deluxe motorcoach transportation
- Roundtrip airport-hotel transfers (with purchase of group air)

Tour Rates

\$1,599 per person double
\$1,999 single supplement
(add **\$576** for group air)



Day 1 ~ Arrive Washington DC

Optional transfers from one of our departure points or from home will have us at LAX for our nonstop flight to the Washington-Dulles airport. (passengers not taking advantage of the optional group air, should arrive at Washington-Dulles by 5:00 pm) A deluxe motorcoach will transport us to a locals' favorite for an included dinner this evening. Later we arrive at our hotel conveniently located in Arlington, Virginia, just across the Potomac River from Washington, DC for a five-night, single-hotel stay. (Dinner)

Day 2 ~ Washington DC

Following an included breakfast at our hotel, we will join a local guide for a full day of sightseeing in Washington, DC (*note that considerable walking is required and entrance to any site is subject to availability and security*). We begin with a visit to the **Capitol Visitor's Center** and a docent-guided tour inside the **Capitol Building**. Visit the **Library of Congress**, the largest national library in the world with more than 100 million items. Visit the **Supreme Court Building** and see where the highest court lays down the law. Drive along **Embassy Row** to see the large mansions originally built by the socially elite after the Civil War. Tour the **National Cathedral** with a docent-guide. Standing higher than the **Washington Monument**, it is the sixth largest church in the world.

This afternoon, we take a stroll along the **Tidal Basin** for up-close views of the cherry blossom trees (hopefully in bloom). Then, pay your respects at two of the newest memorials on the **Washington Mall**, the **Franklin Delano Roosevelt Memorial** and the **Martin Luther King, Jr. Memorial**. An included dinner this evening at a locals' favorite in **Georgetown** and an opportunity to see the **Watergate Building**. This evening on a night illumination tour, we'll see the **White House** followed by a visit to the **World War II Memorial** and a guided walk through the **Kennedy Center for the Performing Arts**. (Breakfast, Dinner)

Day 3 ~ Alexandria, Arlington

Following an included breakfast at our hotel, we'll travel to Alexandria and visit **Christ Church**, a beautiful example of Georgian church architecture, dating from 1773. It was here that both George Washington and Robert E. Lee prayed. We are then joined by a Colonial Guide as we tour **Old Town Alexandria**, once a thriving seaport for the young American nation. Today it is a charming historic city with a small-town feel. See Robert E. Lee's boyhood home as well as other historic homes and shops. Enjoy time for lunch and browsing at your leisure in Old Town Alexandria. This afternoon, a narrated tram tour of **Arlington National Cemetery**, America's shrine to valor and sacrifice. Pay your respects at the final resting places of President John F. Kennedy and his family, the Challenger astronauts and thousands of veterans. There's the changing of the guards at the **Tomb of the Unknown Soldier**, a symbol of a nation's debt to the many whose ultimate sacrifice helped make a nation free. After visiting the **Marine Corps War Memorial** (Iwo Jima), enjoy an included dinner at a locals' favorite. (Breakfast, Dinner)

Day 4 ~ Washington, DC

After an included breakfast this morning at the hotel, we'll be joined by a local guide to see the **United States Air Force Memorial** and then pay our respects at the **September 11 Memorial at the Pentagon**. A

visit to the **Jefferson Memorial**, the **Lincoln Memorial**, the **Vietnam Veterans Memorial**, and the **Korean War Veterans Memorial** – all very different in their design yet strikingly similar in their ability to emotionally move you. At the **National Archives** see our nation's most precious documents including the original Constitution, Declaration of Independence, and Bill of Rights. This afternoon has been set aside to allow you to explore the **Smithsonian Institution** museums along the National Mall at your leisure with no admission required. The newest museum is the **National Museum of African American History & Culture**. At the **National Air & Space Museum** see the plane flown by the Wright brothers and the Apollo 11 command module. See the Hope Diamond at the **National Museum of Natural History**. See the actual flag that inspired the Star Spangled Banner at the **National Museum of American History**. Other museums that may be of interest to you (some requiring a fee) include the The National Portrait Gallery, U.S. Botanic Garden, the Hirshhorn Museum and Sculpture Garden, National Gallery of Art, National Museum of the American Indian, National Postal Museum, Newseum, International Spy Museum, National Museum of Crime and Punishment, Museum of the Bible, the Holocaust Museum and more. Enjoy an included dinner at a locals' favorite. (Breakfast, Dinner)

Day 5 ~ Washington, DC

Following an included breakfast at the hotel, we visit **Ford's Theatre**, restored as it was the night John Wilkes Booth shot President Abraham Lincoln. Across the street we'll visit the **Petersen House** and see the bed where Lincoln died. Then, a behind-the-scenes tour of the **Bureau of Engraving and Printing** to see millions of dollars being printed as you walk along the gallery overlooking the production floor! This afternoon, return to the National Mall with additional time to explore the museums or other sites. Enjoy an included dinner at a locals' favorite this evening. (Breakfast, Dinner)

Day 6 ~ Mount Vernon, Farewell

After an included breakfast, we'll follow the **Potomac River** to **Mount Vernon**, the estate of George and Martha Washington. America's most visited historic house, Mount Vernon sits on a grassy, shaded slope overlooking the Potomac River. Tour Washington's mansion, its outbuildings, and 50 acres of gardens and grounds, which include the tombs of George and Martha Washington. This afternoon, we'll visit the Smithsonian's **Steven F. Udvar-Hazy Center National Air and Space Museum**, opened in 2003 and tells the continuing story of aviation and space flight. Over 335 air and spacecraft are on display here including the Space Shuttle Discovery, an SR-71 Blackbird, the B-17 Flying Fortress, an F-4 Phantom fighter and the actual B-29 Superfortress Enola Gay. Later, we arrive at Dulles Airport for our non-stop return flight to Los Angeles. (passengers not taking advantage of the optional group air, should depart the Dulles Airport no earlier than 5 pm, those with pre-arranged transfers, return to their respective locations) (Breakfast)

Washington DC Blossoms

Thursday, April 5, 2018 (6-Day Trip)

\$1,599/traveler – double (without air)

*If paid by check or money order (\$1,647 by credit card)

\$2,175/traveler – double (with group air)

*If paid by check or money order (\$2,240 by credit card)

Mail reservation form to:
WISE & Healthy Aging
1527 4th Street, 2nd Floor
Santa Monica, CA 90401
Attention: Grace Cheng Braun

Please make check payable to:
WISE & Healthy Aging
Phone: (310) 394-9871, ext. 440
Email: trips@wiseandhealthyaging.org
(this form can be securely faxed to (310) 394-7152)

Please find a deposit (\$250/traveler or \$826/traveler if taking group air) in the amount of \$_____ to secure reservations for _____ (number) person(s).

Full payment is due before Friday, January 5, 2018

I wish to purchase the single supplement. No Yes **(\$400 additional if paid by check; \$415 additional if paid by credit card)**

If Credit Card, check one: VISA MC AMEX Discover

Card #: _____ Exp. Date: (Mon/Year): _____ Security Digits: _____

Amount to be charged: \$ _____ Signature: _____ Today's Date: _____

> > > Please PRINT full name(s) exactly as it appears on photo ID card < < <

Last Name: _____ First: _____ Middle: _____ Sex: M F Date of Birth: (m/d/yr) _____

Roommate's Last Name: _____ First: _____ Middle: _____ Sex: M F DOB (m/d/r) _____

Your Address: _____

City: _____ State: _____ Zip Code: _____ Phone: () _____ Cell: () _____

Email: _____

In Emergency, Name: _____ Phone: () _____ Relationship: _____

I intend to purchase trip insurance. No Yes **(third party insurance information below)**

For those without travel insurance, a refund, minus a \$50 processing fee, is available ONLY if the spot can be sold to another traveler. (If group air is purchased, there may be more deducted from refund depending on if group air was already purchased or not transferable.)

NOTE: Travel protection/cancellation insurance is highly recommended for all multi-day tours. If travel protection has not been purchased, only recoverable funds less a cancellation charge of \$50 will be reimbursed once payment has been made. Travel protection insurance is available for this trip from a third-party insurance company. You will need to purchase it directly from the third-party company, BerkelyCare (CA Insurance License #0795465). There are two options available: the Basic Plan and the Enhanced Plan. The Basic Plan includes a pre-existing condition exclusion in the policy. The Enhanced Plan waives the pre-existing condition exclusion in the policy (exclusion does not apply) if the coverage is purchased for the full cost of the trip within 14 days of initial Trip payment. Contact Grace Cheng Braun at WISE & Healthy Aging for more information as to how to apply for travel protection.