

WISE Adult Day Services & alzheimer's association™

presents

Caregiver Support Groups

We offer information and referral to community resources for those caring for a family member recovering from health conditions of Alzheimer's, dementia, Parkinson's or a stroke.

Location: WISE Adult Day Service Center
1510 Pico Blvd., Santa Monica, CA 90405

Contact: Frankie Aggers - Group Facilitator
(310) 452-7802

First and Third Thursday

of every month

10:30 a.m. - Noon

Complimentary respite provided

Second and Fourth Tuesday

of every month

5:00 p.m. - 6:30 p.m.

Complimentary respite provided

Second and Fourth Thursday

of every month

**Adult Children Caring for a Parent
with Memory Loss**

5:00 p.m. - 6:30 p.m.

Complimentary respite provided



Group session fees are on a sliding scale

WISE & Healthy Aging enhances the independence, dignity and quality of life of older adults through leadership, advocacy and innovative services.

Please see reverse side for dates

March 2010

**Thursday
March 4**

Caregiver Support Group
respite available
10:30 a.m. – Noon

**Tuesday
March 9**

Caregiver Support Group
respite available
5 – 6:30 p.m.

**Thursday
March 11**

Caregiver Support Group
*Adult Children Caring for a
Parent with Memory Loss*
respite available
5 – 6:30 p.m.

**Thursday
March 18**

Caregiver Support Group
respite available
10:30 a.m. – Noon

**Tuesday
March 23**

Caregiver Support Group
respite available
5 – 6:30 p.m.

**Thursday
March 25**

Caregiver Support Group
*Adult Children Caring for a
Parent with Memory Loss*
respite available
5 – 6:30 p.m.

April 2010

**Thursday
April 1**

Caregiver Support Group
respite available
10:30 a.m. – Noon

**Thursday
April 8**

Caregiver Support Group
*Adult Children Caring for a
Parent with Memory Loss*
respite available
5 – 6:30 p.m.

**Tuesday
April 13**

Caregiver Support Group
respite available
5 – 6:30 p.m.

**Thursday
April 15**

Caregiver Support Group
respite available
10:30 a.m. – Noon

**Thursday
April 22**

Caregiver Support Group
*Adult Children Caring for a
Parent with Memory Loss*
respite available
5 – 6:30 p.m.

**Tuesday
April 27**

Caregiver Support Group
respite available
5 – 6:30 p.m.

May 2010

**Thursday
May 6**

Caregiver Support Group
respite available
10:30 a.m. – Noon

**Tuesday
May 11**

Caregiver Support Group
respite available
5 – 6:30 p.m.

**Thursday
May 13**

Caregiver Support Group
*Adult Children Caring for a
Parent with Memory Loss*
respite available
5 – 6:30 p.m.

**Thursday
May 20**

Caregiver Support Group
respite available
10:30 a.m. – Noon

**Tuesday
May 25**

Caregiver Support Group
respite available
5 – 6:30 p.m.

**Thursday
May 27**

Caregiver Support Group
*Adult Children Caring for a
Parent with Memory Loss*
respite available
5 – 6:30 p.m.

WISE
& Healthy Aging

www.wiseandhealthyaging.org