

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1 <i>Orange Juice Beef Fajitas w/Peppers & Onions in Sauce Flour Tortilla Baked Winter Squash Pinto or Black Beans Salad with Radishes Ranch Dressing Banana</i></p>	<p>2 <i>Chicken Chop Suey w/Pulled Chicken, Bean Sprouts, Onions & Peppers in Sauce Garlic Baby Bok Choy Chinese Cabbage Salad Asian Dressing Cantaloupe</i></p>	<p>3 <i>Minestrone Soup Crackers Beef Meatloaf & Gravy Whole Grain Bread Mashed Potatoes Fresh Asparagus Three Bean Salad Orange Sections</i></p>	<p>4 <i>Rosemary Chicken (Leg & Thigh) in Sauce Barley Pilaf Fresh Sweet Potatoes Marinated Beet & Onion Salad Watermelon Slice</i></p>	<p>5 <i>Apple Juice Sliced Turkey on Whole Wheat Bread Mayo& Mustard Lettuce & Tomato Slices Potato Salad Three Bean Salad Trans Fat Free Bran Muffin</i></p>
<p>7 <i>Poached Salmon Tartar Sauce Flour Tortilla Baked Winter Squash Spinach Salad with Mushrooms 1000 Island Dressing cantaloupe</i></p>	<p>8 <i>Sliced Turkey with Gravy Whole Grain Bread Fresh Sweet Potatoes Green Peas Salad with Red Cabbage French Dressing Apple</i></p>	<p>9 <i>Albondigas Soup w/ Chicken Meatballs Crackers Steak Picado with Green Peppers, in Sauce Flour Tortilla Roasted Potatoes Fresh Green Beans Citrus Fruit Salad</i></p>	<p>10 <i>Split Pea Soup Crackers Hawaiian Chicken (Leg & Thigh) w/ Hawaiian Sauce Brown & White Rice Creamy Coleslaw Whole Grain Bread Creamed Spinach Banana</i></p>	<p>11 <i>Turkey Meatballs with Gravy Whole Grain Bread Margarine Mashed Potatoes Fresh Broccoli Pineapple Chunks Custard</i></p>	<p>12 <i>Tuna Salad on Whole Grain Bun Lettuce and Tomato Slices Mayo& Mustard Potato Salad Marinated Bean, Onion and Tomato Salad Cantaloupe or Honey Dew</i></p>
<p>14 <i>Beef Tips with Mushrooms & Gravy Barley Pilaf Mixed Vegetables Creamy Coleslaw Fresh Watermelon Gingered Pears</i></p>	<p>15 <i>Sweet Corn Soup Crackers Chicken Chow Mein with Noodles and Sauce Garlic Baby Bok Choy Spinach Salad with Mushrooms 1000 Island Dressing Fresh Asian Pear</i></p>	<p>16 <i>Beef Barley Vegetable Soup and Crackers Salmon in Pesto Sauce w/ Lemon Slice Fresh Sweet Potatoes Whole Grain Bread Fresh Sweet Potatoes Corn Marinated Tomato, Onion and Green Pepper Salad Banana</i></p>	<p>17 <i>Orange Juice Swedish Meatballs Sour Cream Sauce Spiral Noodles Whole Grain Bread Slice Fresh Green Beans Caesar Salad Croutons Fresh Red Grapes</i></p>	<p>18 <i>Chicken Fajitas with Onions and Green Peppers Flour Tortilla Tex Mex Rice Pinto Beans Lettuce, Radish and Cucumber Salad With Ranch Dressing Citrus Fruit Cup</i></p>	<p>19 <i>Berry Juice Chicken Salad Sandwich on French Bread Mayonnaise Mustard Potato Salad Creamy Coleslaw Sunset Salad TFF Chocolate Chip Cookies</i></p>
<p>21 <i>Orange Juice Chicken Lo Mein Vegetables & Noodles in Sauce Baked Winter Squash Tossed Salad with Mushrooms French Dressing Fresh Blueberries</i></p>	<p>22 <i>Lentil Soup Crackers Beef Hamburger Whole Grain Hamburger Bun Lettuce, Tomato & Onion Slice Potato Salad Carrot Raisin Salad Cantaloupe Slice</i></p>	<p>23 <i>Sliced Roast Turkey with Gravy Cranberry Sauce Barley Pilaf Whole Grain Bread Slice Green Peas Apple Salad Fresh Orange Sections</i></p>	<p>24 <i>Rosemary Chicken (Leg & Thigh) in Sauce Whole Grain Bread Slice Carrots & Broccoli Fresh Sweet Potatoes Gingered Pears Banana</i></p>	<p>25 <i>Italian Beef Meatloaf w/Tomato Sauce Sourdough Bread Mashed Potatoes Corn Spinach Salad with Mushrooms Creamy Italian Dressing Fresh Strawberries</i></p>	<p>26 <i>Apple Juice Sliced Turkey on Whole Wheat Bread Mayo& Mustard Lettuce & Tomato Slices Potato Salad Three Bean Salad Trans Fat Free Bran Muffin</i></p>
<p>27 <i>Chicken Cacciatore in Tomato Sauce with Peppers & Onions Spaghetti Green Peas Carrot Broccoli Slaw Citrus Fruit Cup</i></p>	<p>28 <i>Sliced Roast Turkey with Gravy Whole Grain Bread Slice Fresh Sweet Potatoes Green Beans & Corn Apple Salad Custard</i></p>	<p>29 <i>Orange Juice Oven Fried Chicken (Leg & Thigh) Gravy Whole Grain Bread Slice Cornbread Stuffing Carrots Lettuce, Radish and Cucumber Salad Ranch Dressing Cantaloupe</i></p>	<p>30 <i>Minestrone Soup Ground Beef Stuffed Bell Pepper Spanish Rice Whole Grain Bread Slice Creamed Spinach Strawberry Gelatin with Pineapple Orange Sections</i></p>		<p>Suggested donation for lunch is only \$3.00 Please consider a donation today!</p>