

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Suggested donation for lunch is only \$3.00!</i></p> <p><i>Please consider a donation today</i></p>			<p><i>1</i></p> <p><i>Broccoli Cheese Soup</i> <i>Oven Baked Fish</i> <i>Tartar Sauce</i> <i>Rice Pilaf</i> <i>Fresh Green Beans</i> <i>Spinach Salad with Mandarin Oranges</i> <i>Creamy Italian Dressing</i> <i>Peach Cobbler w/Oat Topping</i></p>	<p><i>2</i></p> <p><i>Creamy Tomato Soup</i> <i>Crackers</i> <i>Chinese Chicken Salad w/ Crispy Noodles, Oranges & Salad Vegetables</i> <i>Asian Dressing</i> <i>Whole Grain Bread</i> <i>Margarine</i> <i>Carrot Broccoli Slaw</i> <i>Citrus Fruit Cup</i></p>	<p><i>3</i></p> <p><i>Apple Juice</i> <i>Sliced Turkey on Whole Wheat Bread</i> <i>Mayo& Mustard</i> <i>Lettuce & Tomato Slices</i> <i>Potato Salad</i> <i>Three Bean Salad</i> <i>Trans Fat Free Bran Muffin</i></p>
<p><i>5</i></p> <p><i>Turkey Divan served over Noodles with Gravy</i> <i>Fresh Broccoli</i> <i>Carrot Raisin Salad</i> <i>Whole Grain Bread</i> <i>Margarine</i> <i>Fresh Strawberries</i></p>	<p><i>6</i></p> <p><i>Sweet Potato Soup</i> <i>Crackers</i> <i>Mediterranean Chicken Salad with Orzo Pasta</i> <i>Spinach Mix with Tomato Chunks, Green Onions and Balsamic Dressing</i> <i>Zucchini, Corn and Pepper Salad</i> <i>Citrus Fruit Cup</i></p>	<p><i>7</i></p> <p><i>Minestrone Soup</i> <i>Crackers</i> <i>Swedish Meatballs</i> <i>Sour Cream Sauce</i> <i>Parsley Noodles</i> <i>Fresh Green Beans</i> <i>Tossed Green Salad</i> <i>Ranch Dressing</i> <i>Fresh Blueberries</i></p>	<p><i>8</i></p> <p><i>Berry Juice</i> <i>Fish Vera Cruz</i> <i>Tartar Sauce</i> <i>Rice Pilaf</i> <i>Peas</i> <i>Three Bean Salad</i> <i>Margarine</i> <i>Applesauce</i></p>	<p><i>9</i></p> <p><i>Creamy Corn Soup</i> <i>Crackers</i> <i>Braised Beef Tips w/Mushrooms</i> <i>Whole Grain Bread</i> <i>Broccoli</i> <i>Marinated Tomato, Green Pepper and Onion Salad</i> <i>Fresh Pear</i></p>	<p><i>10</i></p> <p><i>Tuna Salad on Whole Grain Bun</i> <i>Lettuce and Tomato Slices</i> <i>Mayo & Mustard</i> <i>Potato Salad</i> <i>Marinated Bean, Onion and Tomato Salad</i> <i>Cantaloupe or Honey Dew</i></p>
<p><i>12</i></p> <p><i>Creamy Squash Soup w/Crackers</i> <i>Poached White Fish/Tartar Sauce</i> <i>Barley Pilaf</i> <i>Creamed Spinach</i> <i>Marinated Beet & Onion Salad</i> <i>Cantaloupe Slice</i></p>	<p><i>13</i></p> <p><i>Turkey Chili w/ Sauce and Kidney Beans</i> <i>Corn Bread</i> <i>Margarine</i> <i>Tossed Salad w/ Ranch Dressing</i> <i>Fresh Peach</i></p>	<p><i>14</i></p> <p><i>BBQ Chicken (drumstick and thigh)</i> <i>BBQ Sauce</i> <i>Biscuit</i> <i>Margarine</i> <i>Carrots</i> <i>Amazing Coleslaw</i> <i>Fresh Watermelon</i></p>	<p><i>15</i></p> <p><i>Apple Juice</i> <i>Braised Beef Tips</i> <i>Mixed Grain Pilaf</i> <i>Fresh Asparagus</i> <i>Spinach Salad</i> <i>Creamy Italian Dressing</i> <i>Pineapple Chunks</i></p>	<p><i>16</i></p> <p><i>Creamy Tomato Soup</i> <i>Crackers</i> <i>Herbed Baked Chicken Leg & Thigh</i> <i>Gravy</i> <i>Scalloped Potatoes</i> <i>Normandy Vegetables</i> <i>Whole Grain Bread</i> <i>Tapioca Pudding</i></p>	<p><i>17</i></p> <p><i>Berry Juice</i> <i>Chicken Salad</i> <i>Sandwich on French Bread</i> <i>Mayonnaise</i> <i>Mustard</i> <i>Potato Salad</i> <i>Creamy Coleslaw</i> <i>Sunset Salad</i> <i>TFF Chocolate Chip Cookies</i></p>
<p><i>19</i></p> <p><i>Berry Juice</i> <i>Tuna Noodle Casserole</i> <i>Mixed Vegetables</i> <i>Garden Salad w/Green Peppers & Radishes</i> <i>French Dressing</i> <i>Apple Cobbler with Oatmeal Topping</i></p>	<p><i>20</i></p> <p><i>Albondigas Soup With Crackers</i> <i>Chicken Tostada Salad w/Lettuce, Tomato & Black Olives</i> <i>Ranch Dressing</i> <i>Salsa & Sour Cream</i> <i>Tortilla Chips</i> <i>Pinto Beans</i> <i>Fresh Red Grapes</i></p>	<p><i>21</i></p> <p><i>Apple Juice</i> <i>Poached Salmon</i> <i>Tartar Sauce</i> <i>Whole Grain Roll</i> <i>Margarine</i> <i>Creamed Spinach</i> <i>Marinated Beet & Onion Salad</i> <i>Chocolate Chip Cookies</i></p>	<p><i>22</i></p> <p><i>Vegetable Soup</i> <i>Hawaiian Chicken w/ Hawaiian Sauce</i> <i>White Rice</i> <i>Green Beans with Tomato</i> <i>Creamy Coleslaw</i> <i>Whole Grain Bread</i> <i>Margarine</i> <i>Fresh Watermelon</i></p>	<p><i>23</i></p> <p><i>Lentil Soup</i> <i>Beef Meatloaf With Gravy</i> <i>Au Gratin Potatoes</i> <i>Carrots & Broccoli</i> <i>Romaine Salad with Mushrooms</i> <i>Creamy Italian Dressing</i> <i>Fresh Strawberries</i></p>	<p><i>24</i></p> <p><i>Apple Juice</i> <i>Sliced Turkey on Whole Wheat Bread</i> <i>Mayo& Mustard</i> <i>Lettuce & Tomato Slices</i> <i>Potato Salad</i> <i>Three Bean Salad</i> <i>Trans Fat Free Bran Muffin</i></p>
<p><i>26</i></p> <p><i>Lemon Pepper Chicken Breast w/ Sauce</i> <i>Brown Rice</i> <i>Normandy Vegetables</i> <i>Marinated Tomato, Green Pepper, and Onions Salad</i> <i>Fresh Red Grapes</i></p>	<p><i>27</i></p> <p><i>Creamy Corn Soup</i> <i>Tuna Salad on Whole Grain Bread</i> <i>Lettuce Leaf, Tomato Slice and Dill Pickle</i> <i>Carrot Broccoli Slaw</i> <i>Mandarin Oranges and Pineapple</i> <i>TFF Bran Muffin</i></p>	<p><i>28</i></p> <p><i>Navy Bean Soup</i> <i>Ground Beef Stuffed Bell Pepper</i> <i>Whole Grain Bread</i> <i>Margarine</i> <i>Scalloped Potatoes</i> <i>Green Beans</i> <i>Creamy Coleslaw</i> <i>Apple Cobbler</i></p>	<p><i>29</i></p> <p><i>Lentil Soup</i> <i>Crackers</i> <i>Tandoori Chicken in Sauce</i> <i>Brown & White Rice</i> <i>Normandy Vegetables</i> <i>Greek Salad with Feta Cheese</i> <i>Greek Dressing</i> <i>Cantaloupe Slice</i></p>	<p><i>30</i></p> <p><i>Vegetable Soup</i> <i>Crackers</i> <i>Salmon with Dill</i> <i>Mustard Sauce</i> <i>Dinner Roll</i> <i>Mashed Sweet Potatoes</i> <i>Fresh Asparagus</i> <i>Caesar Salad</i> <i>CROUTONS</i> <i>Citrus Fruit Cup</i></p>	