

WISE & Healthy Aging presents

Apple Farm Inn by Rail

Featuring 2-Night Apple Farm Inn Stay, Coast Starlight Train, Morro Bay Cruise, Culinary Tastings

September 27, 2017 (3 days)



Tour Highlights

- Stay **two nights** at the deluxe **Apple Farm Inn** – combining the charm of a wine country inn with the conveniences of a luxury hotel (cozy rooms with fireplaces & nightly wine tasting reception)
- Deluxe **Coast Starlight** train ride along the coast from Oxnard to **San Luis Obispo** – dining and observation cars for spectacular views of the ocean and Vandenberg Air Force Base
- Backroads exploring with lunch, wine and **olive oil tasting** at a **winery** and an olive farm
- Narrated boat cruise on **Morro Bay**
- Attend San Luis Obispo's Thursday night street faire, barbecue and farmers' market, and enjoy time at leisure to browse in **Solvang**

Inclusions

- 2 Nights Deluxe Accommodations
- 3 Meals (2 Breakfasts & 1 Lunch)
- Sightseeing and services of a professional tour director
- Admissions per Itinerary
- Deluxe Motorcoach Transportation
- Baggage Handling

Tour Rates

\$499 per person double

\$140 single supplement

Day 1 ~ Coastal Train Ride

This morning we set out for the tranquility of the Apple Farm Inn and California's Central Coast. We'll travel by motorcoach to Oxnard to board Amtrak's Coast Starlight. Embark on a memorable journey along California's coastline, and through both Vandenberg Air Force Base and fertile valleys to San Luis Obispo. See much of the California coast normally hidden from the roads traveled by car. Move around the train, enjoy the views from the observation car and enjoy lunch in the dining car or bring your own. Upon arrival in San Luis Obispo, our motorcoach awaits to take us the short distance to our accommodations for the next two nights. The Apple Farm Inn is a charming Victorian style, 4-star inn situated among a lush, quiet garden setting. The Inn blends the country charm of a wine country inn with the conveniences of a luxury hotel including a fireplace in every room and a heated pool. Enjoy the inn's complimentary wine reception prior to dinner at leisure at the nostalgic Apple Farm Inn Restaurant.

Day 2 ~ Central Coast Sightseeing

Following an included breakfast at the inn, we embark on a full day of sightseeing along the coast and back roads of the beautiful Central Coast. We'll travel north into the Atascadero region for olive oil tasting at an olive farm. You'll learn about the harvesting of olives and the creation of the oil as you are guided through the flavors and textures

of the oil. Enjoy an included lunch and wine tasting with wines provided by an award winning local winery. This afternoon, we travel to Morro Bay, a charming fishing village famous for its landmark, Morro Rock. The 576-foot-high domeshaped formation now serves as a preserve for the spectacular peregrine falcons that nest on top. As a bird sanctuary, the Morro Bay National Estuary provide a nourishing habitat to more than 250 species of birds. We'll take a narrated cruise of the bay to see the beauty and wildlife and learn about the oyster farming. This evening, enjoy San Luis Obispo's open-air Thursday night street faire and farmers' market which fills four blocks of historic downtown. Buy just-picked produce, sample a variety of barbecued specialties from local restaurants and stroll the many booths while you are entertained by local performers. (Breakfast, Lunch)

Day 3 ~ Solvang, Santa Barbara

Following an included breakfast, we'll head south to Solvang, America's famous "Little Denmark." Wonderful shops offer imported European wares and collectibles and the delicious bakeries are a delight. We continue south along the back roads to Santa Barbara for time at leisure for lunch on own and browsing in downtown Santa Barbara. Arriving at our drop-off points this evening, we'll all relish in the memories of our getaway on California's beautiful Central Coast. (Breakfast)

WISE
& Healthy Aging

Apple Farm Inn by Rail (3-Day Trip)

Wednesday, September 27, 2017

\$499/traveler – double

*If paid by check or money order (\$514 by credit card)

Mail reservation form to:
WISE & Healthy Aging
1527 4th Street, 2nd Floor
Santa Monica, CA 90401
Attention: Grace Cheng Braun

Please make check payable to:
WISE & Healthy Aging

Phone: (310) 394-9871, ext. 440 Fax: (310) 394-7152
Email: trips@wiseandhealthyaging.org

Please find a deposit (\$150/traveler) in the amount of \$ _____ to secure reservations for _____ (number) person(s). Full payment is due Friday, August 18, 2017.

I wish to purchase the single supplement. No Yes (**\$140 additional if paid by check; \$155 if paid by credit card**)

If Credit Card, check one: VISA MC AMEX Discover

Credit Card #: _____ Exp. Date: (Mon/Year): _____ Security Digits: _____

Amount to be charged: \$ _____ Signature: _____ Today's Date: _____

(Form can be securely faxed to (310) 394-7152)

> > > Please PRINT full name(s) exactly as it appears on photo ID card < < <

Last Name: _____ First: _____ Middle: _____ Sex: M F Date of Birth: (m/d/yr) _____

Roommate's Last Name: _____ First: _____ Middle: _____ Sex: M F DOB (m/d/r) _____

Your Address: _____

City: _____ State: _____ Zip Code: _____ Phone: () _____ Cell: () _____

Email: _____

In Emergency, Name: _____ Phone: () _____ Relationship: _____

For those without travel insurance, a refund, minus a \$50 processing fee, is available ONLY if the spot can be sold to another traveler.

NOTE: Travel protection/cancellation insurance is highly recommended for all multi-day tours. If travel protection has not been purchased, only recoverable funds less a cancellation charge of \$50 will be reimbursed once payment has been made. Travel protection insurance is available for this trip from a third-party insurance company. You will need to purchase it directly from the third-party company, BerkelyCare (CA Insurance License #0795465). There are two options available: the Basic Plan and the Enhanced Plan. The Basic Plan includes a pre-existing condition exclusion in the policy. The Enhanced Plan waives the pre-existing condition exclusion in the policy (exclusion does not apply) if the coverage is purchased for the full cost of the trip within 14 days of initial Trip payment. Contact Grace Cheng Braun at WISE & Healthy Aging for more information as to how to apply for travel protection.



A PROGRAM OF WISE & HEALTHY AGING
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