

Sign up
for this
course
now!

Experts in seniors services, we offer a nationally-recognized, evidence-based training for family and working caregivers.

Alzheimer's Disease and Dementia Specialty Course

Course is over 4 Fridays from 9:30 am - 1:00 pm
September 8, 15, 29 & October 6

Fee: \$175 (financial assistance may be available)

- **Introduction to Alzheimer's Disease and Dementia**
- **Disease Progression**
- **Communication Skills**
- **Bathing Without a Battle**
- **Nutrition Support**
- **Stages and Stage-specific Care**
- **Managing Behavioral Issues**
- **Dealing with Caregiver Stress and Burnout**



— **Adult day care available for loved one: \$20 per class** —

Approved for 16 hours of CNA continuing education units.

To sign up, please call:
(310) 394-9871, ext. 264

WISE
& Healthy Aging

WISE & Healthy Aging is a nonprofit organization dedicated to serving seniors and caregivers.