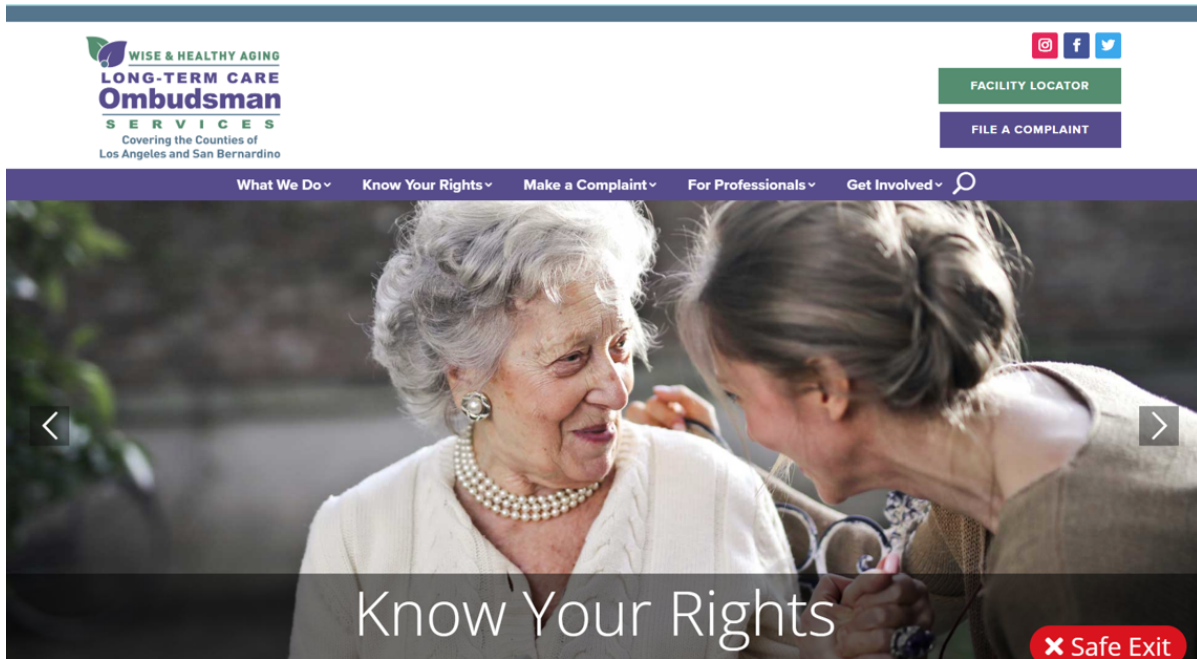


A COMMUNITY eNEWSLETTER OF WISE & HEALTHY AGING

WISE News

ADVOCACY, LEADERSHIP & INNOVATIVE SERVICES FOR OLDER ADULTS & CAREGIVERS

WISE & Healthy Aging Launches New Advocacy Website



As part of our efforts to help empower older adults and their caregivers, we are excited to launch our new advocacy website:

WISEOmbudsman.org! The new site provides information, tools and resources for anyone who wants to get better care in a skilled nursing facility (SNF) or residential care facility (RCFE).

"Whether you're a professional, a family member or a facility resident who wants to understand their rights or know how to report a complaint, our new site can help you find the information and resources you need," said Molly Davies, LCSW, President and CEO of WISE & Healthy Aging.

The new site features everything from helping a facility resident know their rights; information and tools on how to make a complaint; resources and guides for professionals; and info on how individuals can get involved in the fight against elder abuse. An important feature of the site is its "[Facility Locator Map](#)", that enables a person to select from various criteria to pinpoint the right type of nursing or assisted living facility to meet their needs and to download a customized report of

facilities. The Facility Locator Map includes facilities in both Los Angeles and San Bernardino Counties.

Check Out the New Site

WISE Adult Day Center Provides Help and Support for William Linares and His Grandmother, Petrona



When William Linares came home from college at UC Berkley for the holiday break four years ago, he realized his grandmother, Petrona's memory loss had gotten worse. In the last year of his studies, he returned to the university, only to start getting a growing number of text alerts notifying him of her more frequent trips to the ER. Alarmed, he made the decision to quit college and return home to take care of her.

Upon his return home, it didn't take long for William to discover that his grandmother could not be left alone. Finding himself in the challenging role of full-time family caregiver, William felt overwhelmed. Fortunately, at a routine visit to his grandmother's geriatrician at UCLA, William learned about WISE & Healthy Aging's Adult Day Center, where he and his grandmother both received the help and support they needed.



Read William's Story



Help others like William and Petrona.

As a non-profit social services agency, we depend on your generosity to enable us to provide scholarships for those attending our Adult Day Center.

Donate Today

Another Great Thanksgiving Was Had By All At Fred Deni's 'Back on the Beach Café'



Fred Deni, hosts Thanksgiving for Seniors at Back on the Beach Café



Once again, WISE & Healthy Aging is proud to have teamed up with local restauranteur, Fred Deni, to host the annual Thanksgiving meal for seniors at Back on the Beach Café, a landmark in the city of Santa Monica.

Fred has hosted Thanksgiving for 43 years to families and seniors in Santa Monica, donating all the food and enlisting staff and volunteers to help prepare and serve the meal.

"This year, about 136 people were able to celebrate Thanksgiving with us," said Molly Davies, LCSW, President and CEO of WISE & Healthy Aging. "We want to thank Fred for his generosity and commitment to making this day so special for seniors and their families in our community."

Interested in a Day Trip? Visit the Battleship USS Iowa with Club WISE

Enjoy a 90-minute guided tour and outdoor museum visit to the Battleship USS Iowa with an optional lunch on Thursday, December 8.



Battle Ship USS Iowa

Club WISE Members: \$25; Non-Members: \$30

[Learn More & Sign Up](#)



WISE & Healthy Aging, a non-profit, community-based social service organization, advances the dignity and quality of life of older adults through leadership, advocacy and high-quality, innovative services.

[Donate](#)



WISE & Healthy Aging | 1527 4th St, # 2, Santa Monica, CA 90401

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