

A COMMUNITY eNEWSLETTER OF WISE & HEALTHY AGING

WISE News

ADVOCACY, LEADERSHIP & INNOVATIVE SERVICES FOR OLDER ADULTS & CAREGIVERS

Sharing updates from WISE & Healthy Aging. We welcome your feedback, or any news and information you would like to share. Email us at info@wiseandhealthyaging.org.

SAVE THE DATE

2022

Celebration of

CARING

WISE & HEALTHY AGING

MONDAY, JUNE 20, 2022 | 6:00 PM

THE BROAD STAGE | SANTA MONICA, CA

Two Santa Monica community volunteers will be honored for their tireless efforts to improve the lives of others at WISE & Healthy Aging's annual "Celebration of Caring" event, to be held live and in-person on Monday, June 20 at The Broad Stage.

Leadership in Caring Award



Iao Katagiri

Long-time community advocate, Iao Katagiri is first vice chair of WISE & Healthy Aging's Board of Directors. She also serves as chair of Providence Saint John's Health Center Board of Directors, and is retired as RAND's community relations director.

Compassion in Caring Award



Barbara Browning

Retired from UCLA-Santa Monica Medical Center for the past 12 years, Barbara Browning is master trainer of WISE & Healthy Aging's evidence-based caregiver and disease prevention courses, and a volunteer with the WISE Adult Day Service Center.

Look for more information on our 2022 Celebration of Caring event soon! Please mark your calendar and plan to join us for this very special program!

Finding Solutions for Californians Needing Long-Term Care



Grace Cheng Braun
President and CEO
WISE & Healthy Aging

With advocacy at the heart of everything WISE & Healthy Aging does in support of the seniors we serve, we are proud of Grace Cheng Braun's appointment to the California Long-Term Care Insurance Task Force!

Created following the passage of State [Assembly Bill No. 567](#) (AB 567), the Task Force is exploring how an affordable, culturally competent statewide long-term care insurance program could be designed and implemented to expand options for Californians.

Long-term care services include paid and unpaid medical and non-medical services for individuals with functional limitations due to age, chronic illness or disability and/or who have physical, cognitive, developmental, mental or other chronic health conditions.

Members have been meeting since March 2021 and are in the process of preparing a feasibility report by January 1, 2023.

Individuals wanting to share their views and opinions can have their voice heard by attending the public sessions of the Task Force. Materials and a recording of each meeting are also available at the [California Long-Term Care Insurance Task Force's website](#).

Avoid Tax Season Scams!



With tax season in full swing, scammers and con artists are looking for their next victim, and older adults are easy prey.

“Seniors who are not as familiar with technology or who may be fearful of the IRS are often targeted,” said Molly Davies, LCSW, Executive Vice President at WISE & Healthy Aging, who oversees the programs of the Long-Term Ombudsman Program and Elder Abuse Prevention Services.

It is especially important now for older adults to be on their guard against the two biggest scams: identity theft and IRS imposter scams.

"Don't ever give out your social security number or other personal information over the phone. The real IRS would never call you," Molly added. [Learn More About Tax Scams](#)

Many people's financial situations changed in 2021, giving scammers even more opportunity to steal personal information.

For those needing help to prepare their taxes this year, WISE & Healthy Aging has once again partnered with AARP to offer low-to-middle-income taxpayers **free**, tax counseling and preparation services – with special assistance for those aged 60 and older and disabled adults living on the Westside.

Trained volunteers assist in preparing both federal and state income tax returns. For other free services we offer in partnership with community-based organizations, please visit our website at: www.wiseandhealthyaging.org/community-resources.

Offering Help and Support for Seniors to Declutter



WISE & Healthy Aging is pleased to announce that we are resuming our popular, nationally-recognized, in-person workshop and support group, 'From Collecting to Decluttering.' "Now that COVID restrictions are loosening up, the time is right to safely resume our in-person workshop 'From Collecting to Decluttering,'" said Anat Louis, PsyD, Director of Case Management at WISE & Healthy Aging. "The workshop creates a supportive engaging community for our older adult participants so that they know they are not alone and feel respected, heard and understood as they work on dealing with their clutter." [**Learn More About the Workshop**](#)



WISE & Healthy Aging, a non-profit, community-based social service organization, advances the dignity and quality of life of older adults through leadership, advocacy and high-quality, innovative services.

